



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Francois Stoltz**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 05:30:23**

**PACE 07:51/km**

**GENDER 352 of 563**

**OVERALL 517 of 834**

**SENIOR (20- 188 of 39) 291**



08 July 2023, Sat

Date

*BoutTime*

Signature